Abstract

The objectives of this study were: a) record the view of basketball coaches on how they should evolve along the different stages of training, some Basic Tactical Media Collective (MTCBs), b) recording the views of basketball coaches on how to evolve along different stages of training some Complex Tactical Media Collective (MTCC). A questionnaire was administered to 102 coaches. The most significant results indicated that: a) formation increases with age, it is necessary to devote more time to MTCBs except to pass and progression, which should hold in the infant category, b) in the category minibasket and children, only develop MTCBs Pass and Progression and Establishment of the Odd, c) blocks begin to be important in the cadet category, d) development of counter attack, followed by individual collective defense dominated in all categories, e) in the categories minibasket and children, he devotes little importance only to the collective defense and counterattack individual f) from the cadet category, when it puts more emphasis on improving the positional attack, g) is only dedicated to the importance zonal defense, from the junior category, and g) in all categories, it gives more importance to collective defense, which improved positional attack.

Keywords

Coaches, basketball, sport initiation, planning.