Abstract

Introduction The persons with affective bipolar disorder (ABD) constitute a vulnerable group to the infection of HIV; in spite of that, there has been little investigation about the preventive culture in this population. Objective To identify the meanings and practices about the prevention of the risk of HIV infection with persons having bipolar disorders, active members of the weblog "Foro Bipolarmexico". Methodology A quality ethnographic type study was carried out on the Mexican weblog, directed by and for persons with ABD. The sampling of forums of expression published from 2007 to 2010 were positive. An analysis of the contained inductive thematic was conducted and the ATLAS.ti was utilized for the process of the information. Results The meanings and the conditions implied in the construction of the practices on the prevention of the risk of transmission of HIV cover three levels: a) physic-biologic, where the symptomatology associated with the disorder is identified, and the use of medications are implicated in the altercation of desires and sexual practices; before this, the bloggers propose the execution of activities which would permit the canalization of sexual impulse, the change of medication and use of preservatives; b) the micro-social, in which enhanced conditions like communication deficiency with their psychiatrists and similarities on the disorders and their effects on sexuality, for which they promote open discussion on the changes experienced; and c) the macro-social, where the stigma of the disease is expressed in solitude and the difficulty of stable couples to relate, conditions that could counteract, so they suggested, with the social recognition of their potentials. The emphasis on the recuperation of significance constructed socially clearly showed that it is urgent to consider directed towards not only preventive interventions, but also to micro and macro social conditions which have a part in the vulnerability and infection of HIV.

Keywords
Bipolar disorder, prevention & control, HIV, weblog, social support networks.