Abstract

In order to identify to what extent competitiveness trait is related to sport performance in soccer, and to what extent the age and sport category can influence these variables, a descriptive cross-sectional study has been developed. The variables age, sport category, sport performance, achievement motivation (Me), motivation to avoid the failure (Mef) and competitiveness trait have been assessed in 151 men soccer players (between 14 and 24 y.o.) of a Spanish sport club. The results indicated that the sport performance ascends with age. Consequently, a direct relationship between the sport category and the performance has been observed. Me, Mef and competitiveness trait have been associated with the performance and has varied based on the sport category. No correlation between Me, Mef, competitiveness and age of the sportsmen has been found.

Keywords

Competitiveness, Motivation, High Performance, Sports, Soccer, Psychometrics, Psychological Tests, Group Behaviour, Sensorimotor Activities, Achievement Motivation.