Abstract

Despite the growth experienced by the Health Psychology around the world, still it’s time in what we observe the absence of proposal kind interface that can meet the psychology as a professional discipline with the health field. This paper review some of the problems related to the multiple definitions of health psychology and to the misconceptions of the psychological phenomenon. Considering a psychological model of biological health, the arguments of what and what for can be approached the psychological variables associated to health are presented.

Keywords

Health Psychology, Professional Discipline, Health Field, Psychological Model.