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Abstract
Physical Education is an important tool for the whole growth of the human being, the approach must be comprehensive. However, empiricism continues and the wrong practices go on. People do not care for a critical attitude on the construction of their own selves. This situation is viewed from the earliest levels of education and continues through the adult stages. The understanding of the importance of physical education is sought in the construction of the individual and social embodiment through an interpretation that covers on the one hand, the daily situation in the centers of "psychomotor attention" and on the other, what really should be the psychomotor intervention.

Keywords
Physical education, corporeity, psychomotor, intervention, psychomotricist.