Abstract
This research presents the Spanish adaptation and validation of the Social Support Scale (ESS-AM) from Tagaya, Okuno, Tamura and Davis (2000), conducted in four independent samples of elderly people from Mexico City. The scale, with eight reactive measures about perceived social support, with a single factor that explained the 60.7% of the variance with an internal consistency alpha of .84 and significant negative correlations with the Loneliness. ESS-AM is a reliable, useful and simple, which can be used to assess if elderly people have adequate levels of perceived social support in terms of screening.

Keywords
social support, age, evaluation, loneliness, scale.