Abstract

The objective of this work has been to validate the Spanish version of the Conceptions of the Nature of Athletic Ability Questionnaire-2 (Biddle, Wang, Chatzisarantis, and Spray, 2003). A sample of 1008 physical education students aged 15 to 17 years. Exploratory and confirmatory factor analyses were calculated. In addition, analysis of reliability and simple correlations were employed. External evidences of validity were assessed using the physical - sport practice. The results indicated that the scale was valid and reliable for its utilization with Spanish teenagers involved in physical education classes, and that the entity and incremental beliefs of ability present differences depending on the physical - sports practice, finding positive relationships between the incremental beliefs and the physical - sports practice.

Keywords

Learning, talent, physical properties, physical education.