Abstract
Generally speaking, this paper comments on the role of qualitative methods in scientific psychology. To begin with, general and special Methodology are defined; then, the main uses of qualitative methods are described and the focus of the paper on the study of meaning and of abstract concepts in the context of embodied cognition is justified. It is emphasized that three uses of qualitative methods converge in the study of embodied cognition: (1) classification, given that it is centered on concepts, (2) discovery, because theories are not yet well articulated and inductive effort is required, and (3) the study of meaning. The final recommendation is to profit from the opportunity of constructing special techniques that the transformation of cognitive psychology is favoring; in this context, varieties of emotion become a privileged object of study.