Abstract

This work aims to look into the phenomenon of burnout from the point of view of children and teenagers. After a complete study of present situation of burnout, referring to it as an almost synonymous word to occupational stress where services for human help are offered, now we move into education and sports contexts in order to show that conceptualization for the syndrome in adult context takes place in juvenile context too, highlighting that former contexts are highly likely to provoke burnout suffering. Finally, we will propose hints about which should be the immediate study lines about this new psychopathological conceptualization in children and teenagers.