Abstract
The present Monographic Test must like intention make a documentary revision of the methods and techniques of Qualitative Investigation commonly used for the execution of investigations in the social scope. The following approaches will be reported: The Hermeneutics, the Reflective Ethnography, the Founded Theory, the Investigation Action Participative, the Etnometodology, the Oral History and of Life and the Historical Investigation. For the profit of such intention part of the structural analysis of the expression Physical education, in order to analyze it from the linguistic and epistemological optics, to determine the proportions it like discipline; this later, will allow to associate the utility of the methods of qualitative tendency for the investigation work in the discipline Education physical.

Keywords
Physical education, methods of qualitative investigation.