Abstract

The growing interest of Psychology in emotional abilities forces us to base the Personality on the perception and expression of emotions. Mira’s works is described as the appropriate starting point for the evolution of Personality that not only takes interindividual differences into consideration, but also sustains them in intraindividual differences. Mira describes the relationship between the somatic and psychic components of the person, according to human development, by means of three concepts: monism, functionalism and interactionism. Finally, this theory is compared with some other current theories in Psychology. It is concluded that the theory of Personality, according to Mira, is made up of three components: Temperament, Perceived Situation, and Character, that we propose as a concept of Personality applied to the development of a human being, not from an essentialist perspective, but from a functional consideration.

Keywords

Character, Conation, Emotion, Micro-history, Temperament.