Abstract
Suicide in adolescents and young adults has become a public educational and health priority. Different conceptual questions about suicide are presented, and protective factors that are associated with suicidal behavior in this population arise. Based on a review of studies that have resilient aspects and should be enhanced to eliminate the negative impact of adverse situations that are presented vision is provided. Furthermore, guidelines for building resilience, which have been proven effective in combating suicide attempt and completed suicide in adolescents and young adults, by setting a profile with all those protective aspects to take into account for develop comprehensive analysis in the quality of life and emotional well-being in this group.

Keywords
Teens, Young adults, Suicide, Protective factors, Resilience.