Abstract

Introduction: The prevalence of body dysmorphic disorder (BDD) is estimated to be approximately between 1% and 2% of the general population and in patients seeking cosmetic surgery or dermatological treatments the rate rises to 15%. Objective: To discuss the clinical course of a patient with TDC who had a rhinoplasty. Method: Case Report. Results: We report the case of an 18-year-old adolescent, with concern about the size of his nasal passages associated with social and family isolation for fear of negative evaluation, whom is taken to surgery, presenting in the postoperative with a psychotic episode with symptoms of depersonalization. While exploring for psychopathology, obsessive and compulsive elements are found. Discussion and conclusion: It is important to know the reason behind the decision to seek cosmetic surgery and to diagnose TDC, not only to avoid legal problems for physicians or disappointment of the patient and the medical team after the surgical procedure, but to initiate an appropriate mental health intervention.

Keywords

Body, dysmorphic disorder, obsessive compulsive disorder, plastic surgery