Objective: To assess the level of self-esteem of adolescents in a rural school of a district of Pereira.

Methods: Students were called upon to participate, 292 agreed to undergo the test, while 20 abstained.

Results: After a previous reliability test analysis, we found that 47.9% of students had low and very low self-esteem. A multivariate model reported that self-esteem was reduced as age increased.

Conclusions: The academic community and the family must work together in order to improve self-esteem among teenagers in general.

Keywords
Self-esteem, teenagers, teachers, parents, high school/school.

Abstract