Abstract
The concept of personal growth could be analysed through a Constructivist point of view, and paradigmatic changes suffered nowadays as objectivity, reality, knowledge and a new relationship between observes and individuals are also been discussed. The function of feelings in the evolution of a person is checked and its main achievements are described in The Systemic Processual Post Rationalism Approach by Vittorio Guidano. The main stages in a person’s life until the features of his/her personality origin are stood out at the end of the text

Keywords
Reality, Objectivity, Emotion, Attachment, Personality