Abstract

This essay proposes an epistemological approach to psychology which shows how the objects of study of psychology are constructed, the intervention, as well as the theoretical and methodological proposals are drawn from the psychological world that each research group observes. This world is linked to expectations and demands of an individual and a psychological community that make sense according to the ideas of the time in which they live, this suggests a tacit process of formation; each psychological community teaches and learns to look through a specific social practice. In this sense, we believe that is important to uncover the psychological world of each current to have a proper understanding of its limits and scope without underscoring it.

Keywords

Knowledge, Psychological Community, Social Group, Group Practice, Epistemology.