Abstract

Maytenus ilicifolia (Celastraceae), also known by the vernacular name of congorosa, is a medicinal plant native to Southern Brazil, Paraguay, Bolivia, Uruguay, and Northeastern Argentina. Although this species is used against a wide range of ailments throughout the region, maybe its most reputed use is in the treatment of gastric ulcers and related conditions. This fact has led scientists in the region to focus most of their research efforts in the validation of congorosa in this aspect, and to-date there is enough pharmacological, preclinical and clinical information in order to suggest that this species may be used as an effective and safe antiulcerogenic agent. For this reason, M. ilicifolia has been recently introduced as an antiulcerogenic agent in the province of Misiones Primary Health Care System.

Keywords

Maytenus ilicifolia Martius, Congorosa,