An analytical, experimental, pilot study was made in which we intend to estimate the risk of suffering atherosclerosis in a population of Medicine students of the Instituto Tecnológico de Santo Domingo (INTEC) during the period November 2006 - January 2007. The statistical universe consisted of 363 students who study the career of Medicine in the above mentioned university; the sample was made by 100 students, chosen at random. The obesity and the arterial high blood pressure were the pathological precedents observed with greater frequency: 67% were consuming alcohol; the nutritional habits were related with the increase of the blood lipids; the feminine sex was most affected by the hyperlipidemia; the sedentary habits played a role of supreme importance in the increase of the lipids.

Keywords
Atherosclerosis, risk, students of Medicine.